

being InFreedom

live an inspired life

**What if you knew the game of life was rigged.
Would you still play?
It is and you already are!**

"Seems a bit harsh" you say. Could be, but hold on, as Desi said to Lucy, "Lucy, I'll splain"

No footnotes, no references I'm just going to put it out there and you can check it out in your experience and if it resonates good and if not... nothing lost.

You are programmed to think there is something wrong with you and that feeling that the elevator doesn't go all the way to the top floor is called guilt!

Guilt, to use a modern analogy, is an inherent part of your software. Bummer!

However, if that's true, seems like the game is lost, before it has even begun. I mean how can you ever live a good life if you are programmed to always think there is something wrong with you? Seems like you'd be like one of those little animals on a wheel – "I think there is something wrong with me so I strive to get better... but I can't get better because I think there is something wrong with me... so I strive harder to get better... but I can't get better because I think there is something wrong with me... whew, it's enough to wear a person out... "Hey I have been feeling kind of tired lately..."

Sound familiar? If so, perhaps you might want to check out the *being* InFreedom course. A direct exploration of the nature and transcendence of guilt, not to mention panic, shame, aggression and collusion.

When:

Friday October 22 9:00 AM - 9:00 PM
Saturday October 23 9:00 AM - 9:00 PM
Sunday October 24 9:00 AM - 9:00 PM

Where:

Ramada Inn - Downtown
300 Jarvis Street, Toronto, Ontario M5B 2C5
Morning coffee & tea will be provided.
Lunch & refreshment breaks will be your responsibility

Cost:

The cost of the three day *being* InFreedom course, including the four evening follow-up sessions is \$345. We require a \$100 deposit at registration and the balance on the first day of the course. Payment can be made by cheque, cash or credit card (Visa or MasterCard). Payment plans available.

Additionally, to make this as risk-free as possible, you will have an opportunity to opt out on the first day of the course, following the morning module, with a full refund of your tuition. No questions asked!

Request:

Either got to our website <http://www.thealetheiagroup.com/TAG/Home.html> or attend an introductory session. To attend an introductory session please contact Filomena Costa at 416-857-0591 or email at filomena@thealetheiagroup.com or Lucie Nadon at 416-305-3438 or lucienadon@gmail.com